

## Our Mission



The Salt Foot Sanctuary experience features luxurious, handmade and wonderfully aromatic mineral foot soaks, therapeutic and relaxing massages, body treatments, facial and skincare treatments including the waterless body scrub.

Treatments are the ultimate in pampering and available during your stay at the Hotel Roanoke. Area residents are also invited to enjoy our unique treatments.

## Spa Reservations and Information

We specialize in couples treatments.

Some treatment appointments can be booked directly online.

Please view our website to request all other appointment days and times or call for availability.

Schedule your appointment early, as most days sell out well in advance.

A credit card is required to reserve appointments.

Therapist gratuity is not included in the prices listed.

Our treatments and prices are subject to change.

Please view our website for our cancellation policy and the most current spa information.

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OSEA

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SaltFootSanctuary.com



# Salt Foot Sanctuary

SPA SERVICES AT HOTEL ROANOKE



## Facial & Skincare Treatments

### Signature Facial

European-Style Facial - 50 minutes

A wonderfully relaxing and deep cleansing facial treatment featuring organic seaweed based OSEA products. It's part facial treatment, and part massage - and entirely wonderful!

### High Frequency Facial

High Frequency Facial - 50 minutes

This treatment has proven effective in stimulating cell renewal and increasing blood circulation resulting in improved collagen production. Highly effective in reducing acne blemishes as well.

### Anti-Aging Facial

Restorative Anti-Aging Facial - 80 minutes

This Anti-Aging Facial uses organic OSEA products and techniques designed to slow the aging process, brighten skin and reduce the appearance of wrinkles.

### Salt of the Earth Body Scrub & Polish

Body Scrub & Polish - 50 minutes

Add mini-massage - total 80 minutes

This invigorating full-body scrub exfoliates and softens your skin from head to toe, followed by a blissful application of anti-aging body balm, leaving your skin smooth, moisturized, and renewed.

### Available Treatment Enhancements

Vitamin C Polish, Sea Oxygen Base, Repair Mask, Mineral & Himalayan, Salt Foot Scrub, Vagus Nerve Oil Scalp Massage



## Foot Soak

Soaks are crafted with ancient natural minerals, aromatic essential oils, nourishing ingredients, and Blue Ridge Mountain salt.

### Foot Soak Treatment

50 minutes

Includes massage of lower legs and feet.

### Couples Foot Soak Treatment

50 minutes

Includes massage of lower legs and feet.

### Available Treatment Enhancements

Hot Stones on Feet & Lower Legs, CBD-Infused Balm Application, Mineral & Himalayan Salt Foot Scrub



## Massage & Bodywork Treatments

### Swedish Massage

Relaxation Massage - 50 & 80 minutes

Indulgent and uniquely relaxing, our signature full-body Swedish massage stimulates circulation and soothes tight muscles.

### Pre-Natal Massage

Pre-Natal Massage - 50 minutes

Relax muscle tension and improve lymphatic and blood circulation through mild pressure. Reduce common discomforts associated with skeletal and circulatory changes

### Deep Tissue Massage

Therapeutic Deep Tissue Massage  
- 50 & 80 minutes

A highly specialized treatment using focused techniques to reach deep muscle layers and address specific muscle groups.

### Available Treatment Enhancements

Hot Stones, CBD-Infused Oil, Mineral & Himalayan Salt Foot Scrub, Vagus Nerve Oil Scalp Massage

